

Family Planning and Sexual Health Clinics:

- **Manor Health Centre** 86 Clapham Manor Street, **SW4** 020 7411 6933 or 6900
- **Mawbey Brough Health Centre** 39 Wilcox Close, **SW8** 020 7411 5744
- **Moffat Clinic** 65 Sancroft Street, **SE11** 020 3049 4001
- **Streatham Hill RSH Clinic** 41 A - C Streatham Hill, **SW2** 020 8243 2200
- **Camberwell Sexual Health Centre** 100 Denmark Hill, **SE5** 020 3299 5000
- **St. George Wharf** (Vauxhall Riverside) Hobart House St George Wharf, Wandsworth Road, **SW8** 020 3049 4006
- **The Caldecott Centre at King's College Hospital** 15 - 22 Caldecott Road, **SE5** 020 3299 3453
- **The Lydia Clinic at St. Thomas' Hospital** Lambeth Palace Road, **SE1** 020 7188 6666
- **The Lloyd Clinic at Guy's Hospital** St. Thomas Street, **SE1** 020 7188 6666
- **The Bridge Clinic** (Walk in clinic for under 20s) Lloyd Clinic St. Thomas Street, **SE1** 020 7188 6666

Guy's & St Thomas' Sickle Cell & Thalassaemia

Dr Jo Howard

Adult Sickle Team

0207 188 2741

Dr Baba Inusa

Paediatric Sickle Team

0207 188 7774

SICKLE CELL
DISEASE
&

Contraceptive Choices

Sexual Health Matters

Men and women with SCD have a 50% chance of having a baby with a major haemoglobin disorder

Having Sickle cell disease doesn't have to mean that your choices are limited

Free confidential advice

on

Relationships

Sex

Contraception

Sexual Health

Pregnancy

Unwanted Pregnancy

Do I have to tell my partner I have sickle cell before we have sex?

Can I take the pill?

Will my baby have sickle cell?

FAMILY PLANNING & SEXUAL HEALTH CLINICS

Brook Clinics: Confidential Advice for under 25s

<http://www.brook.org.uk/brook-london>

Brook Brixton

374 Brixton Road, Brixton, London, SW9 7AW Tel: 020 7787 5000

Mon – Fri (closed Tues) 1:00pm-6:00pm

Sat 1:00-4:00pm

Brook Southwark

24-26 Westmoreland Road, London, SE17 2AY Tel: 020 7703 9660

Mon-Thurs 1:00pm-6:00pm, Fri 12:00pm-5:00pm, Sat 10.30am-

1:00pm

Central Booking Service for abortions

If you need to get an appointment to talk about an abortion, call the Central Booking Service on 0845 345 9911. **Lines are open: 8am to 8pm on Monday to Friday; 8.30am-6pm on Saturday ; 9.30am-2.30pm on Sunday**

Emergency contraception:

There are local pharmacies where you can get free emergency hormonal contraception (EHC) (even if you're under 16).

You'll know it as the Morning After Pill, its full title is the Emergency Hormonal Contraceptive pill (EHC). You can take it up to 72 hours (3 days) after unprotected sex to prevent pregnancy. But don't hang around: it works best if you take it as soon as possible after sex.

FREE CONFIDENTIAL ADVICE

Coping with Sickle Cell: Relationships, Sex & Contraception

- Relationship advice
- Full contraceptive choices:
 - Contraceptive Pills / Patch / Nuvaring
 - Implant / Injection / Coil
 - Condoms
- Advice on Genetic screening & Counselling for couples

Where can I get more information ?

What Contraception can I take?



**Barrier Contraception ~condoms
(male&female)**



Progesterone only pill



Depot injection (depoprovera)



Implant (implanon)

IUD/IUS (Coil)*

Combined Contraceptive pill*

*Please check with Clinic /GP or Consultant
that it is safe for you to use this method**